### Important Information concerning Counselling in Divorce and Separation Cases

The separation of parents can be a dramatic experience for all involved, especially for the children. Just now it is important that as parents you continue with your mutual responsibility as for the care and well-being of your children, also after the separation. This can ease the situation for the children in

- Maintaining the contact between the children and the other parent
- Not transmitting the conflicts existing between the spouses on to the parent-childrelationship
- And continuing to carry out mutually parental duties

This is a very difficult task to master for the parents in the separation period. It often helps when you look to a qualified third party for advice. This counselling is available at Youth Offices as well as at help desks.

The counselling is meant to enable parents to separate their correlative problems for the best interest of the child, to protect the child from divided loyalties, to keep familiar surroundings and to give the child clarity about the future perspectives. Counselling can result in developing joint concepts of how to carry out parental care and of how to manage visitation rights.

Also children can be in need of special help, in particular when it found that the child is suffering from guilt feelings and fear of loss, because they think they have to choose either mother or father and that they would lose one of the parents. In such cases the Youth Offices and help desks can be of assistance.

The utilization of qualified psychiatrists, pedagogues and social workers at help desks is free of charge. If needed, you can get appointments at short notice.

Don't be Afraid to Take Advantage of Counsel for Separation and Divorce Guidance! Take this Opportunity for the Well-being of your Child!

#### Just contact:

The Youth Office:

Kreisjugendamt Bernkastel-Wittlich

Kurfuerstenstr. 16, 54516 Wittlich

Tel. 06571-14-0 Fax: 06571-14-249

Email: Info@Bernkastel-Wittlich.de

# On the homepage of the Youth Office Bernkastel-Wittlich you will find much more useful information and help:

www.Bernkastel-Wittlich.de > Kreisverwaltung > Fachbereiche > Fachbereich 12 Jugend und Familie > Allgemeiner Sozialer Dienst > Beratungen (Youth and Family) (General Social Work) (Counselling)

#### You can also contact directly the following counselling help desks:

## Lebensberatung Wittlich (Life coaching)

Kasernenstrasse 37 54516 Wittlich Tel. 06571 4061

Fax: 06571 265 328,

Email: lb.Wittlich@bistum-trier.de, Homepage: www.lebensberatung.info

#### Evangelische Lebensberatung Traben-Trarbach/Wolf (Evangelist Life coaching)

Maiweg 140 56841 Traben-Trarbach Tel. 06541 6030

Fax: 06541 5526